## دانتگاه علوم بزشکی و ضعات به داشتی درمانی قم

آشنایی با پایگاه اطلاعاتی UpToDate

تهيدو تنطنسيم: نيره جفري فر

پایگاه اطلاعاتی UpToDate در برگیرنده منابع اطلاعاتی بازبینی شده و مبتنی بر شواهد پزشکی است و اطلاعاتی تفصیلی درباره

مراقبت از بیمار و موارد بالینی،علائم بالینی، روش های آزمایشگاهی تشخیص و درمان بیماری ها ارائه می دهد که برای پزشکان و

بیماران کاربرد دارد. با کمک این پایگاه می توان به پاسخ های کاملی در خصوص سوالات بالینی دست یافت.

### داننگاه علوم بزشکی و ضعات بهداشتی دمانی قم

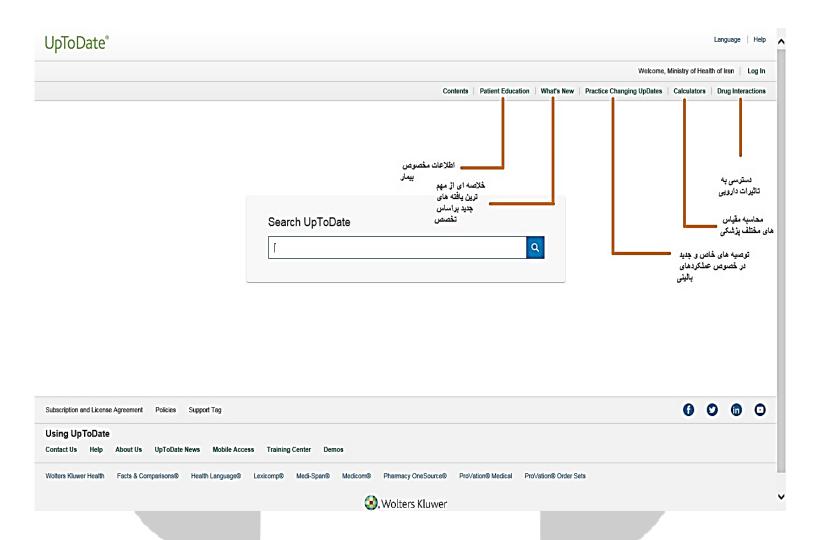
- از بیمار و موارد بالینی (علائم بالینی، روش های از بیمار و موارد بالینی (علائم بالینی، روش های آزمایشگاهی و تشخیص و درمان بیماریها) ارائه می دهد که برای پزشکان و بیماران کاربرد دارد. هر ساله بیش از که برای پزشکان و بیماران کاربرد دارد. هر ساله بیش از که میلیون مورد مربوط به بیماران توسط تیم های تحقیقاتی Up-to-date مورد پژوهش و بررسی قرار می گیرد و هر ۴ ماه یکبار اطلاعات ارائه شده در -Up-to می شود.
  - O پوشش موضوعی Up-to-date:
- در این پایگاه بیش از ۷۵ هزار صفحه متن و تصویر و بیش از ۲۵۰ هزار منبع فراهم شده است و یک پایگاه
   اطلاعاتی دارویی و پیوندهایی به چکیده های مدلاین نیز
   ارائه شده است. Up-to-date بیش از ۷۳۰۰ زمینه

## دانگاه علوم بزشگی و خدمات بهداشتی درمانی قم

موضوعی را در ۱۳ تخصص پزشکی پوشش می دهد که عبارت است از:

- کلیه، اعصاب، گوارش و کبد، خون شناسی، سرطان، بیماری های عفونی، ریه، حساسیت ها و ایمنی شناسی، اطفال، روماتولوژی، زنان و زایمان و بهداشت زنان، غده درون ریز، قلب و عروق، طب خانواده و اورژانس، مراقبت های اولیه بزرگسالان
  - O جستجو در Up-to-date:
- ۲۰ اول العالی جستجوی اطلاعات در Up-to-date مراحل
   ۱ زیر را دنبال کنید:
- O .ادر کادر جستجو (New Search) عبارت جستجوی خود را وارد کنید.
- نکته: عبارت جستجو می تواند نام بیماریها، علائم
   بیماری، رویکردها و اختلالات آزمایشگاهی، نام داروها و
   رده های دارویی باشد.

# دانتگاه علوم بزشگی و خدمات به داشتی درمانی قم



### UpToDate®

Lexicomp® Drug Interactions

### Welcome to Drug Interactions: A Drug-Drug, Drug-Herb, and Herb-Herb analysis tool, provided by Wolters Kluwer Clinical Drug Information utilizing Lexicomp clinical content.

Lexi-Interact Online combines literature and scientific understanding of drug interactions throughout the world with a state-of-the-art electronic platform, providing an efficient way to help inform healthcare professionals about adverse drug events that otherwise can compromise the care of patients.

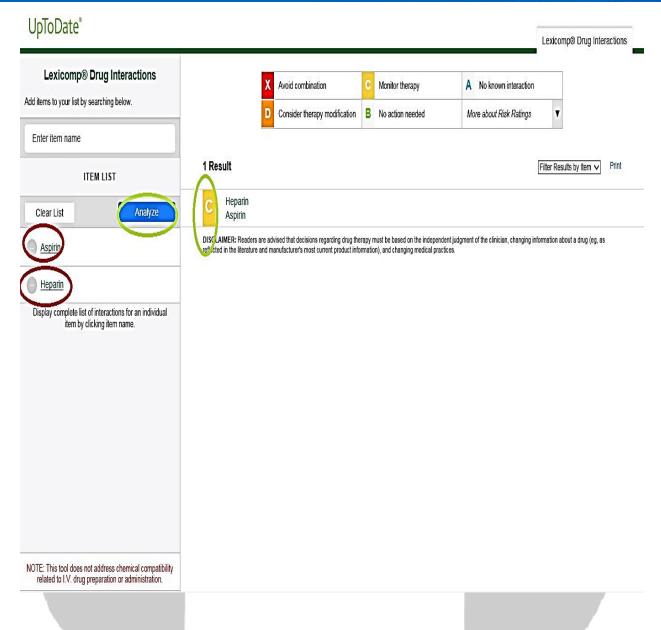
Review all interactions for a selected medication or enter a patient specific regimen to analyze for potential interactions. Additionally, you may select a drug interaction result to obtain specific information on Patient Management, Interacting Members, Risk Rating, References and more.

Disclaimer: Use of this data solution is subject to the any applicable license agreement. Wolters Kluwer Clinical Drug Information makes reasonable efforts to publish accurate summary information in its solutions. But users are advised that these solutions are intended only to supplement — not substitute for or replace — the knowledge and judgment of healthcare professionals. The information is published based upon publicly available sources generally viewed as reliable in the healthcare community. Wolters Kluwer Clinical Drug Information does not engage in any independent review, testing or study of any medication, medical device, condition, iliness, injury, test, procedure, treatment, or therapy in connection with publication of the information. The information is not intended to explicitly or implicitly endorse any particular medication, medical device, test, procedure, treatment, or therapy as safe or effective for any particular patient or health condition. Wolters Kluwer Clinical Drug Information assumes no responsibility or liability for errors or omissions of any kind in the information. Wolters Kluwer Clinical Drug Information expressly disclaims any liability for any loss or damage claimed to have resulted from the use of the information. By using this information, each such user of the information holds Wolters Kluwer Clinical Drug Information harmless from any such claims and indemnifies Wolters Kluwer Clinical Drug Information for any expenses incurred if any such claims are made. In no event shall Wolters Kluwer Clinical Drug Information biable to any user or any third-party, including specifically any customer or patient of a user, for direct, special, indirect, incidental, or consequential damages. Wolters Kluwer Clinical Drug Information disclaims all warranties of any kind or nature, whether expressed or implied, including any warranty as to the quality, accuracy, comprehensiveness, currency, suitability, availability, compatibility, merchantability, and fitness for a particular purpose of the

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### دانىڭاە علوم بزىنى و خدمات بىداشى دىمانى قىم



### دانتگاه علوم پرشگی و خدمات بهداشتی درمانی قم

Contents Patient Education

Search UpToDate UpToDate offers two levels of content for patients:

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- Beyond the Basics are longer, more detailed reviews. They are best for readers who want detailed information and are comfortable with some medical terminology.

Learn more about UpToDate's patient education materials.

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To browse the available patient education topics in UpToDate, click on a category below.

Allergies and asthma Ear, nose, and throat Arthritis Eyes and vision Autoimmune disease Gastrointestinal system General health Blood disorders

Bones, joints, and muscles Heart and blood vessel disease HIV and AIDS Brain and nerves Cancer Hormones Children's health Infections and vaccines Diabetes Kidneys and urinary system

Diet and weight Liver disease Lung disease

Men's health issues Mental health

Pregnancy and childbirth

Senior health Skin, hair, and nails

Sleep Surgery

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Women's health issues

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What's New | Practice Changing UpDates | Calculators | Drug Interactions













## دانگاه علوم پزشکی و خدمات بهداشتی درمانی قم

### تداخل دارویی:

در این پایگاه داروهای متداخل به نسبت
 میزان داشتن خطر به هنگام مصرف هم زمان در طیف
 A,B,C,D,X

کد**: کد: که نشان دهنده نبود تداخل فارماکودینامیک و فارماکوکینتیک در بین دو دارو است.** 

کد B: نشان دهنده امکان وجود واکنش در بین دو دارو است بدون نیاز به تغییر یکی از دو دارو برای بیمار

کد**): بیانگر نیاز به دخالت در دوز مصرفی به هنگام مصرف** همزمان دو دارو

کد D: نشان می دهد دو دارو با یکدیگر تداخل دارویی دارند کدX: بیانگر وجود تداخل در بین دو دارو است. در این شرایط میزان خطر ناشی از مصرف همزمان دو دارو بیشتر از فواید آن است و نباید دو دارو را با یکدیگر برای بیمار تجویز کرد.

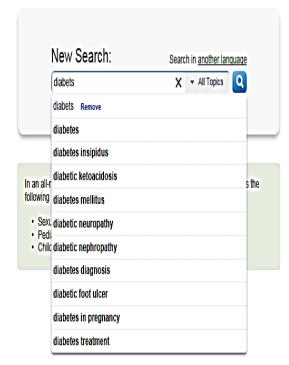
### دانگاه علوم پزشکی و ضمات به داشتی درمانی قم

### جستجو در Uptodate

- کلیدواژه و یا عبارت مورد نظر خود را وارد نمایید. کلیدواژه و یا عبارت مورد نظر خود را وارد نمایید. همچنین می توانید از ویژگی پیشنهاد هایجستجو که با وارد کردن کلمات ابتدایی از کلید واژه مورد نظر توسط پایگاه ارائه می شود به جستجو بپردازید.
  - صنانچه می خواهید فقط گرافیک را جستجو کنید، پس از وارد کردن کلید واژه مورد نظر از منوی کشویی کنار
- **0** نوار جستجو گزینه گرافیک را انتخاب نمایید.
- حهت جستجوی مطالب مخصوص بیمار، پس از وارد کردن کلیدواژه مورد نظر خود از منوی کشویی کنار نوار
  - O جستجو گزینه Patientرا انتخاب نمایید.

## دانتگاه علوم پرشگی و خدمات بهداشتی درمانی قم













دانتگاه علوم بزشکی و ضعات بهداشتی دمانی قم



### دانگاه علوم پزشکی و ضعات بهداشتی دمانی قم



Search Results for "diabetes"







Collapse Results

diabetes means diabetes mellitus. Click alternative term: diabetes insipidus

Overview of medical care in adults with diabetes mellitus

... factors, history of diabetes-related complications, hypoglycemic episodes, diabetic ketoacidosis (DKA) frequency (type 1 diabetes only), and current management. Although the more diabetes-specific microvascular

Diabetes-related complications

Summary and recommendations

Insulin titration (Algorithms)

Monitoring in diabetes mellitus (Tables)

Sodium-glucose co-transporter 2 inhibitors for the treatment of type 2 diabetes mellitus

...Type 1 diabetes; Type 2 diabetes and estimated glomerular filtration rate (eGFR) <60 mL/min (dapagliflozin, ertugliflozin) or <45 mL/min (canagliflozin, empagliflozin) Ketosis-prone type 2 diabetes; Since ...

Diabetic ketoacidosis

Summary and recommendations

Dipeptidyl peptidase-4 (DPP-4) inhibitors for the treatment of type 2 diabetes mellitus

...considered as initial therapy for the majority of patients with type 2 diabetes. Initial therapy in most patients with type 2 diabetes should begin with diet, weight reduction, exercise, and metformin (in ...

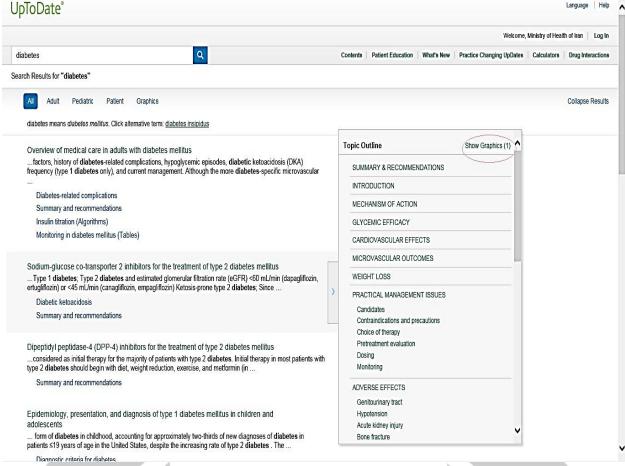
Summary and recommendations

Epidemiology, presentation, and diagnosis of type 1 diabetes mellitus in children and

... form of diabetes in childhood, accounting for approximately two-thirds of new diagnoses of diabetes in patients ≤19 years of age in the United States, despite the increasing rate of type 2 diabetes. The ...

Diagnostic criteria for diabetes

### دانتگاه علوم بزستگی و خدمات بهداشتی درمانی قم







### دانتگاه علوم پزشکی و ضدمات بهداشتی دمانی قم

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 Cancer
 Hormones
 Sleep

 Children's health
 Infections and vaccines
 Surgery

 Diabetes
 Kidneys and urinary system
 Travel health

Diet and weight Liver disease Women's health issues

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### داننگاه علوم پزشکی و ضدات به داشی درمانی قم

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Search UpToDate Q	Contents   Patient Education   What's New   Practice Changing UpDates   Calculators   Drug Interactions
Diabetes	
The Basics Beyond the Basics	
"The Basics" are short (1 to 3 page) articles written in plain language. They answer the 4 or 5 most in	nportant questions a person might have about a medical problem. These articles are best for people who want a general overview.
Disad sussessment in the contract of the contr	
Blood sugar monitoring	
Hemoglobin A1C tests (The Basics)	
The ABCs of diabetes (The Basics)	
Diabetes in children	
Carb counting for children with diabetes (The Basics)	
Checking your child's blood sugar level (The Basics)	
Diabetic ketoacidosis (The Basics)	
Giving your child insulin (The Basics)	
Keeping your child's blood sugar under control (The Basics)	
Managing diabetes in school (The Basics)	





### دانگاه علوم پزشکی و ضات بهدا ثنی درمانی قم

UpToDate®



### **Topic Outline**

What is hemoglobin A1C?

What should my A1C numbers be?

Can I do this test at home?

How often should I have an A1C test?

Why do my A1C numbers matter?

Do I still need to measure my blood sugar at home?

More on this topic

### **RELATED TOPICS**

Patient education: Checking your child's blood sugar level (The Basics)

Patient education: Chronic kidney disease (The Basics)

Patient education: Diabetes mellitus type 1: Overview (Beyond the Basics)

Patient education: Diabetes mellitus type 2: Overview (Beyond the Basics)

Patient education: Diabetic retinopathy (The Basics)

Patient education: Keeping your child's blood sugar under control (The Basics)

Patient education: Nerve damage caused by diabetes (The Basics)

Patient education: The ABCs of diabetes (The

### Patient education: Hemoglobin A1C tests (The Basics)

Written by the doctors and editors at UpToDate

What is hemoglobin A1C? — Hemoglobin A1C is a blood test that shows what your average blood sugar level has been for the past 2 to 3 months. Doctors and nurses use this test for 2 reasons:

- To see whether a person has diabetes
- To see whether diabetes treatment is working the right way

Other names for hemoglobin A1C are "glycated hemoglobin," "HbA1C," or just "A1C."

What should my A1C numbers be? — That depends on why you have the test.

- When checking for diabetes If you had an A1C test to see if you have diabetes, your A1C should be 6 or less.
  - If your A1C is 6.5 or higher, it probably means you have diabetes, but you should have the test done again to be sure.
  - If your A1C is between 5.7 and 6.4, you are at risk for getting diabetes. You should probably start doing things that can help prevent
    diabetes. For example, you should become more active and lose weight (if you are overweight).
- When checking how treatment is working If you already know you have diabetes, and you had an A1C test to see how well controlled
  your blood sugar is, your A1C should probably be 7 or less. But you need to check with your doctor on what your level should be. Not
  everyone with diabetes is the same. Some people need to aim for different A1C levels than others.

Can I do this test at home? — It is now possible to buy kits to test your A1C at home. But home testing of A1C is not usually necessary.

How often should I have an A1C test? — That depends on whether you have diabetes and on what your last A1C test showed.

- If you had an A1C test to check for diabetes and your A1C was less than 5.7 (meaning you do **not** have diabetes), you should have A1C tests done every 3 years.
- If you had an A1C test to check for diabetes and your A1C was between 5.7 and 6.4 (meaning you do not have diabetes but are at risk for